



Make a real difference with a gift of the power of music  
 Musicworks believes the power of music is central to our experience of the world. It

defines us, unites us and enriches us.

As a charity, we became increasingly aware of the impact that social isolation and loneliness are having on our communities. So, we created the Heron Music Café for Wellbeing to offer live music events where people can come together to experience community singing and music making.

The **Heron Music Café** relies entirely upon charitable donations.

Currently we are unable to provide community live music events, so we have been running 'virtual' cafes online. Whilst these have proven very successful, we have come to realise that a large number of people have no access to the internet, so we have created a compilation of the best bits of the Heron café in the form of a DVD.

Give this to a loved one, or instead of 'tit for tat' giving, give a gift in someone's name. We'll send you a customised email that'll tell them what you've paid for on their behalf and ensure your gift benefits those in need.

**DVD** Featuring 4 x 30-minute sing-along sessions of well loved songs based loosely around a theme (Summer, Rain, Transport, Parts of the Body).

The words appear along the bottom of the screen, so no excuse not to join in. Hopefully we'll get your feet tapping too!

Taken from our popular online Heron Music Café for Wellbeing

**Choice of Books Available**

**The Soundtrack to My Life**

Enjoy a trip down your musical memory lane and hopefully bring enrichment and flourishing to those living with memory loss or dementia and their loved ones.

**Music is Medicine**

Give this instead of a get well card. This practical, fun and interactive book is designed to help people undergoing diagnosis and medical treatment.

**My Journey in Music**

Help young people navigate the challenges of adolescence through music as they share Luke Fiddes' experience of growing up with Asperger's Syndrome and the positive effect of his journey in music

Order from: [virginmoneygiving.com/fund/heronmusiccafechristmasgifts](http://virginmoneygiving.com/fund/heronmusiccafechristmasgifts)

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